

Systems to Revive Feet and Nails

Belava Pedicure System and INM Out the Door Acrylic Sculpting System



It's easy to offer clean, customized spa pedicure services with the Belava Pedicure System. The heater/massager features three levels of quiet vibration, two levels of heat, electronic splash control and automatic shutoff. The unit can be used alone to provide a warm foot massage during a waterless pedicure or with the detachable pedicure tub for a relaxing spa pedicure experience. The durable, lightweight pedicure tub can also be used alone as a regular footbath and is easy to carry to a water source between pedicures; the disposable liners make it a cinch to comply with sanitation requirements. Both the pedicure tub and heater/massager unit can be purchased separately and are available in a selection of vibrant colors. **For more information on Belava, circle 200 on the Reader Service Card, call 888/708-7131 or log on to www.belava.com.**

INM designed its Out the Door Acrylic Sculpting System with cross-linking technology to help nail techs consistently produce thin, strong, natural-looking nails worthy of competitions and discerning clientele. The Professional Kit contains a wide assortment of materials for creating premium enhancements, including Out The Door Acrylic Sculpting Liquid, Top Coat, Tip & Nail Glue, and Acrylic Sculpting Powder in pink, white, clear and natural; ONL Primer; Solo Shaper files; PrepStep Nail Dehydrator; nail forms; Exact Nail Tips; Premium Oil; Brush Cleaner; an Elite Pro Stylist Acrylic Brush; and a ceramic dappen dish with a cork. **For more information on INM, circle 201 on the Reader Service Card, call 800/541-9838 or log on to www.inmnails.com.**

Belava Pedicure System



1 Place the heater/massager unit on the floor where the pedicure will take place, and make sure it's turned off and unplugged. Bring the detachable tub to a sink and place a liner inside it before filling it with no more than 1½ gallons of warm water.



2 Place the filled tub on top of the heater/massager unit and plug the unit into a wall outlet, making sure to never plug or unplug the unit while a client's feet are in the water. Have your client sit in a chair and place her feet in the tub.



3 Turn on the unit, and then select the desired heat and vibration settings. For heat: Press the button once for low heat, twice for high heat and three times to turn it off. For vibration: Press the button once for low vibration, twice for high vibration, three times for a power massage and four times to turn it off.



4 After the foot soak and massage, perform a pedicure as usual, using the water in the tub to rinse off any product. After the service, turn off and unplug the unit. Detach the tub from the heater/massager unit, empty the water into a sink and dispose of the tub liner.



5 The heater/massager unit can also be used without the tub for a dry foot massage during a waterless pedicure or as a special add-on during any service. Be sure to use only the low heat setting to avoid burning your client.



6 Although the tub liners help you provide sanitary services, be sure to follow state regulations and manufacturer instructions when cleaning and disinfecting the heater/massager unit and tub. Also, to prevent electrical problems, never submerge the unit in water.

INM Out the Door Acrylic Sculpting System



1 Wash and sanitize your client's hands, push back cuticles and remove any excess nonliving tissue. With a 180 Solo file, gently file down the length of the free edge and remove shine from the nail plate. Remove any dust. Apply one coat of Prep Step dehydrator and allow the nails to dry completely.



2 Apply two thin coats of ONL Primer on the nail, being careful to keep the product away from the cuticle and allowing it to dry completely after each coat.



3 Next, apply the INM forms. If necessary, cut the forms to fit your client's nail shape. With both hands, roll the form from side to side, creating an arch in the center. Place the form under the free edge and slide it back, making sure that it extends straight out from the sidewalls and doesn't rise or drop. After the form is fit to the nail, pinch the underside tabs together and secure it with the unused portion.



4 Using your choice of Out the Door acrylic powder, apply a large- to medium-size ball of product—depending on desired enhancement length—to the form at the free edge. Use the belly of the brush to pat the product into place and create the free edge.



5 Next, apply a small ball of product near the cuticle and pat it into place, pulling the product toward the center of the nail plate. Apply a small- to medium-size ball in the center of the nail—on the stress area—and pat the product with the brush; then pull it forward to meet the free edge.



6 When the nail approaches the molding stage, remove the form and create the C-curve with the INM pinching tongs and dowel rod set. Hold the tongs in place until the nail has set, and then file and buff the nail. If desired, apply polish and follow with one coat of Out the Door top coat.