

# Nails and Feet, Naturally

Pamper clients with a natural-nail manicure from Seche and the Haken Professional Products Lavender Mint Spa Pedicure.



As warmer weather finally reappears, clients will be taking off those winter gloves and showing off their hands. Seche, which specializes in natural-nailcare products, introduces its Five Simple Steps manicure process to quickly whip winter-worn nails back into shape. Seche Prep nail cleanser and antiseptic removes oil and residue from nails; Seche Base fills in ridges and tiny imperfections using finely ground quartz crystals; Seche Color offers your clients a wide variety of lacquer choices; and Seche Vite fast-drying top coat adds a durable, nonyellowing finish to the manicure.

**For more information on Seche, call 323/728-2999 or log on to [www.seche.com](http://www.seche.com).**

Nothing soothes and relaxes quite like the scents of lavender and mint, and Haken Professional Products has combined the two fragrances for its new Lavender Mint Spa Pedicure. Spa Foot Soak Crystals, Honey Exfoliating Foot Scrub, Spa Foot Yogurt Mask, Spa Foot Moisturizing Cleanser and Spa Foot Massage Butter work together to treat your clients to a healing, rejuvenating spa pedicure that's ideal for tired, overworked feet. **For more information on Haken Professional Products, circle 200 on the Reader Service Card, call 800/553-3022 or log on to [www.hakenua.com](http://www.hakenua.com).**

# Five Simple Steps



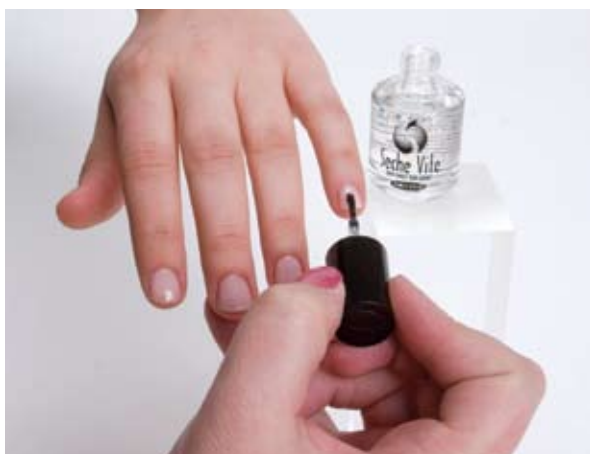
1 Apply a few drops of Seche Prep to each nail to clean the nail plate, and then remove the product with a lint-free pad. (Don't allow the Prep to evaporate.)



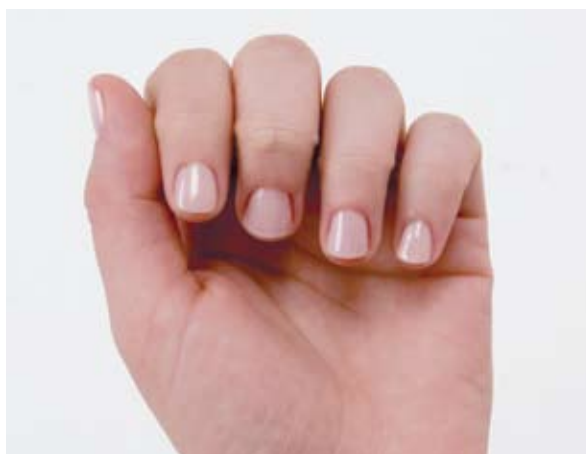
2 Apply one coat of Seche Base to all of the nails and allow it to dry.



3 Apply two coats of the Seche Color of your client's choosing.



4 Beginning with the first nail you painted, apply a thick coat of Seche Vite top coat to all of the nails.



5 The finish will dry in 10 minutes; however, advise your client to be careful with her nails in the first hour after the manicure.

# Lavender Mint Spa Pedicure



**1** Add two or three tablespoons of Spa Foot Soak Crystals to a pedicure tub filled with warm water. Soak both of the client's feet.



**2** Pat the feet dry and apply a handful of Honey Exfoliating Foot Scrub. Massage the product into the feet to remove dry, dead skin, and then rinse it off.



**3** Apply a generous amount of Spa Foot Yogurt Mask to each foot. Let the product absorb into the skin for five to seven minutes.



**4** When sufficient time has elapsed, gently remove the mask with a warm, damp cloth.



**5** Apply a dime-size portion of Spa Foot Moisturizing Cleanser to your client's feet. Gently massage in the cleanser, and then rinse it off.



**6** Gently massage a small amount of Spa Foot Massage Butter into your client's feet. The butter may be applied as needed for a deep moisturizing treatment. ♣

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